TEENS CLUB

WEEKLY PROGRAM

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30-11:00	YOGA	STRETCHING	PILATES	YOGA	STRETCHING	PILATES	YOGA
11:00-13:00	ART WORK	ART WORK	ART WORK	ART WORK	ART WORK	ART WORK	ART WORK
13:00-15:00	TABLE GAMES	TABLE GAMES	TABLE GAMES	TABLE GAMES	TABLE GAMES	TABLE GAMES	TABLE GAMES
15:00-16:00	ORIGAMI	BOOKMARK	KEYCHAIN	BRACELETS	WOOD WORKSHOP	POSTCARD	ORIGAMI
16:00-17:00	BOXING	ZUMBA	BOXING	FIT JUMPS	WOOD WORKSHOP	TRAMPOLINE	FIT JUMPS
17:00-18:00	BASKETBALL	PADEL	BASKETBALL	PADEL	BASKETBALL	PADEL	BASKETBALL
18:00-19:00	TABLE FOOTBALL	CHESS TOURNAMENT	PING PONG	TABLE FOOTBALL	CHESS TOURNAMENT	PING PONG	TABLE FOOTBALL
19:00-20:00	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL
20:00-22:00	PS5	QUIZ COMPETITION	PS5	QUIZ COMPETITION	PS5	QUIZ COMPETITION	PS5

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